

General Instructions for Getting Labs Drawn

*****Please always clarify these instructions with your provider prior to leaving your appointment.**

General Labs:

- Unless otherwise specified by your provider, you should have your labs drawn in the morning by about 9:00 AM after fasting 12 hours. ***During this time you can and should drink water.***

Thyroid Labs:

- If you are on thyroid hormone & your thyroid levels are being tested: On the morning of your lab draw take your morning thyroid dose after the labs are drawn.

Sex Hormone Labs:

- If you are on topical hormone creams, you should apply them about 2-3 hours prior to the labs being drawn.

Financial Disclosure:

- Coast Medical Center does not make guarantees about coverage for lab testing. If you have insurance some of your testing may possibly be covered. The amount of coverage depends on too many factors for us to give you an estimate on what your financial responsibility may be. We recommend that once you receive your lab requisition, you check with your insurance carrier to verify whether or not the tests are covered by your carrier (or if you are considered 'self pay' you may contact the financial department of the lab named at the top of your requisition to obtain an estimate on the fees for services rendered.) We use laboratory company that offers a very low cash rate. We are constantly working very hard to help our patients receive affordable healthcare with excellent quality.

Name (Please Print):

Signature:

Date: